

THE CITY OF
GREATER GEELONG

TUNING INTO TEENS



Tuning into Teens is a six session program providing parents with a greater understanding of their teen's emotional experiences while teaching specific skills that can assist in being supportive, empathic and staying connected with the young person.

Would you like to learn how to:

- Be better at talking and connecting with your teen?
- Help your teen learn to manage their emotions?
- Teach your teen to deal with conflict?
- Help prevent behavioural problems in your teen?

PROGRAM DETAILS

DATE	Commences Tuesday 26 February, 2019
TIME	7.00pm to 9.00pm
LOCATION	Ariston House, 245-249 Pakington Street, Newtown
RSVP	Regional Parenting Service on 5272 4741
AGE	13 to 18 years
COST	FREE



CUSTOMER SERVICE CENTRE

Geelong
100 Brougham Street,
Geelong VIC 3220
8:00am – 5:00pm

CITY OF GREATER GEELONG

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