



The Old Ignatians welcome you to,

# The Saint Ignatius College Careers Panel & Expo

5.45pm, Monday May 27, 2024  
MacKillop Senior Centre

**The Old Ignatians**  
**Connect. Assist. Belong.**

Saint Ignatius College Geelong acknowledges the Wadawurrung People of the Kulin Nations on which our College is built. We acknowledge that our First Nations People have gathered on this sacred land for tens of thousands of years before us, and have deepened their connection to country on which we meet tonight. We welcome any First Nations People who will join us for this Careers Panel & Expo, and thank them for their continuing contribution to the Bellarine.

# Welcome

Welcome everyone to the third Careers Panel & Expo Evening hosted by Saint Ignatius College in conjunction with the Old Ignatians, the alumni body for former students. I hope this will be both an informative night for shaping current student pathways through and beyond Year 12, as well as an introduction to our Old Ignatians of which all students will become.

The Careers Panel and Expo Evening will provide students, family, and friends the opportunity to tap into Saint Ignatius College's outstanding Careers Counselling Services, as well as expertise from many of our own Alumni. I hope that this will provide two unique perspectives to most empower students moving along their individual career paths. Our Alumni have experience across a range of different professions and studies - and in common share a connectedness and desire to give back to Saint Ignatius College.

We all look forward to sharing our experience and answering your questions about prospective careers and pathways. It is extremely rewarding to be able to assist these up-and-coming students and we look forward to welcoming them into our Alumni where the support and collegiality will only continue. Please enjoy tonight, ask lots of questions, gain many insights, and be inspired!

**Saint Ignatius College Alumni.**

**Connect. Assist. Belong.**



Old Ignatians President  
**Dr Brenden Maxwell Borosh**

The opportunity to learn from others who have experienced what you are considering is an effective way to see how your future may look. The willingness of our Old Ignatians to come back and freely share their insights, experiences, achievements and struggles with our current students and their parents is greatly appreciated – we welcome them back !!

Young people are exposed to endless opportunities and at times may feel overwhelmed with the decision of 'what will I do after I finish school'. It is important to understand that where you start in your career journey is not where you have to stay.

Further education can change your direction so that each of you can move from one vocation or profession to another - your future is really in your hands. With sound research and knowledge, you can be confident you are embarking on an exciting future that can provide you with a real sense of personal satisfaction, offering a valuable contribution to your family, employer and community.

Enjoy the evening and do not be shy in asking lots of questions during these information sessions.



Director of Senior  
School  
**Ms. Kirsty Allan**

It is with great excitement that we welcome our Old Ignatians, current students and their families and staff to our third Careers Panel Evening. One of our main themes for our College is 'St Ignatius. Inspiring me to be a Leader,' and this theme is forefront this evening, as our Old Ignatians inspire our current students with their chosen career journeys.

We, as a College, are encouraged to walk in the footsteps of St Ignatius, and I encourage our students to ask questions to further understand the footsteps along the journey that our Old Ignatians have undertaken for their chosen career panels.

Thank you to all in attendance this evening, in particular our Old Ignatians who have returned to the College, and without who, this evening could not be possible.

Join us for an enlightening evening focused on empowering students to navigate their future with confidence. Discover the importance of exploring diverse options and pathways to make informed choices. Delve into a world of careers and opportunities that extend beyond conventional routes, broadening your horizons and igniting your curiosity.

Engage with seasoned professionals and hear firsthand accounts of their journeys. Seize the opportunity to ask questions and glean invaluable insights, paving the way for your own success.

Let tonight's event echo the spirit of our 2024 college theme, "Embrace the Flame, Follow the Footsteps." Together, let's ignite excitement for the future and embark on the first steps toward your pathway beyond secondary education.



Director of Community Engagement and Development  
**Ms. Elana Cole**



Director of Learning (Acting)  
**Ms. Robyn Jackson**

## **Format of the Evening**

Students and their parents/carers are invited to the 2024 SICG Careers Panel & Expo Evening. The evening will commence in the MacKillop Senior Centre Theatre at 5.45pm where a welcome and outline to the evening will be held.

Students will then have the opportunity to attend workshops, Alumni panels (from 7pm), or discuss pathways with a wide range of tertiary and university providers.

The Careers Panel & Expo Evening provides a wonderful opportunity for students to gain an insight into possible career choices beyond Year 12, and the pathway that can be embraced to achieve these careers.

Attendees are encouraged to attend all sessions, ask questions, explore options, and to utilise the resources available to them for this evening.

This year the 2024 Careers Panel & Expo is bigger and better than ever, and we look forward to welcoming students and their families to this informative and exciting night.

## **Career Expo**

A wide selection of post-secondary options with external providers including:

Deakin/Melbourne/Monash Universities, Apprenticeship groups, the Gordon TAFE & GFORCE. Choose a timeslot (or more) to peruse the stands and ask questions.

## **Alumni Panel**

We have a cohort of Old Ignatians ready to share their educational/career journeys to inspire and guide our current students.

Choose at least one timeslot to spend a 25 min sessions with our Alumni. This is a great opportunity to ask students about their experiences, GAP years, living on Res and more. The Alumni Panel will commence at 7pm.

## **Workshops**

A variety of workshops to support students in the senior school. Please see a brief synopsis below to help you plan your evening.

### **Workshop 1: Navigating the VCE (Andrea Dart)**

The move from middle to senior secondary school is a major milestone for your child.

It's a time of big changes in their development, education and life. Senior Secondary School provides opportunities to challenge your child and to develop the valuable skills they will take into adulthood.

Learn about the VCE pathway, its structure, senior school expectations and requirements and how you can help your child to reach their full potential. Aimed at Year 10 & Year 11 students, this session will help to demystify the VCE for parents.

### **Workshop 2: Crossroads (Brendan O'Brien & Laura Taylor Payne)**

What does it look like as a Year 10 student at Saint Ignatius College?

Learn about the program offerings, work experience, study options and what that may mean for your child.

We will earmark some conversations to begin with your child as the pathway/subject selection process approaches.

### **Workshop 3: Beyond the School Gate - VTAC & more (Kristin Williamson & Julie Wilson)**

With so many acronyms navigating the final years of schooling can be quite challenging for parents, and none moreso than applying for university and TAFE courses.

Come along to this information session aimed at year 12 student and their parents on navigating VTAC (Victorian Tertiary Admissions Centre), SEAS (Special Entry Access Scheme) and Open Days along with any other queries you might have.

### **Workshop 4: What's in a Score: ATAR & Study Scores (Karen Perkins)**

If you are unsure about what the ATAR (Australian Tertiary Admissions Rank) is and how it is calculated, then this is the session for you.

The way to ensure that you achieve your best ATAR is to choose your studies according to what you are interested in, what you are good at and what studies you need for future study.

This session will address the purpose of the ATAR, how it is calculated, study scores, and scaling.

### ***Workshop 5: Moving from Thriving to Surviving the Senior School (Olivia Hall)***

Senior school can naturally be a stressful time for your child, but not all stress is bad.

This presentation will discuss how students and their parents can make the most of stress using it to not only survive Senior School, but thrive through these challenges, so they feel well equipped for the world during and after High School.

We will explore themes such as how to maintain balance, the importance of sleep, setting boundaries, asking for help, keeping communication pathways open between student and parent, and how to access additional support around wellbeing and mental health if needed.

### ***Workshop 6: Balance: Healthy Body/Healthy Mind (Alice Rose)***

Alice Rose, Accredited Practising Dietitian and Accredited Sports Dietitian will be presenting on nutrition for academic performance.

Research shows that eating a healthy and nutritious diet can improve mental health, enhance cognitive skills like concentration and memory and improve academic performance. In this workshop Alice will present her top 8 nutrition tips to support academic performance. For each tip she will cover the evidence based reasons behind how it supports academic performance and how you can implement the tip into your/your teenagers life with practical suggestions.

### ***Workshop 7: Pathways & beyond (Bec Bromilow)***

This presentation will outline the process a student at Saint Ignatius College can undertake to determine a personally rewarding career. It will also include the skills employers are looking for in this rapidly changing world we live in.



# Program

<b>5.45pm</b>	Welcome and outline - MacKillop Senior Centre Theatre
<b>6pm-6.25pm</b>	Rotation 1
<b>6.30pm-6.55pm</b>	Rotation 2
<b>7pm-7.25pm</b>	Rotation 3
<b>7.30pm-7.55pm</b>	Rotation 4
<b>8:15pm</b>	Evening Concludes

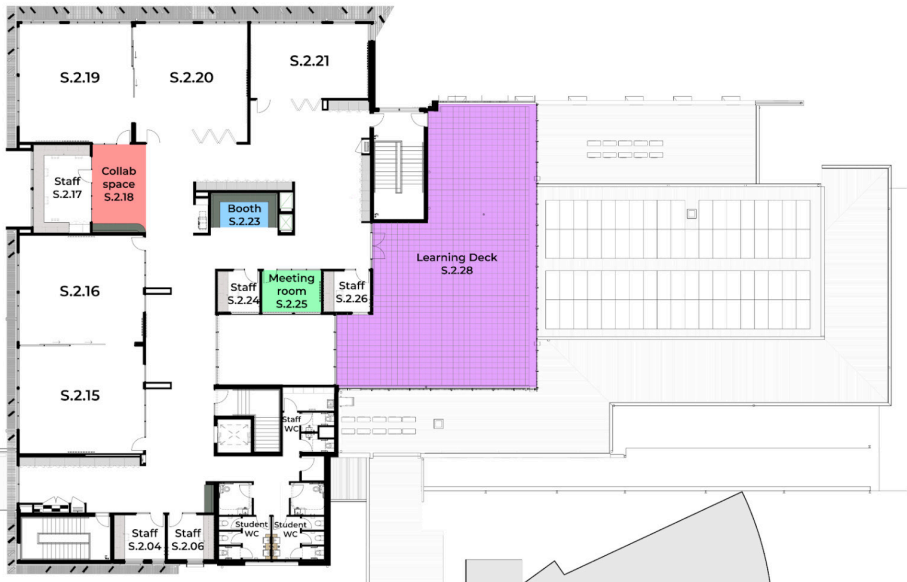
## Ground Level - MacKillop Senior Centre



## Level 1 - MacKillop Senior Centre



## Level 2 - MacKillop Senior Centre



# Panel Categories

## Panel

Cyber security

Music

Medicine/Paramedicine

Aviation/Customer Service

Science

Horticulture/TAFE

Politics, Philosophy/Economics

Communications/Public Relations

Project Management



Use QR code to view info about our presenters  
or visit [www.ignatius.vic.edu.au/uploads/  
SI-Careers-Panel-Presenter-Information.pdf](http://www.ignatius.vic.edu.au/uploads/SI-Careers-Panel-Presenter-Information.pdf)



## Notes: Rotation 1 - 6:00pm - 6:25pm

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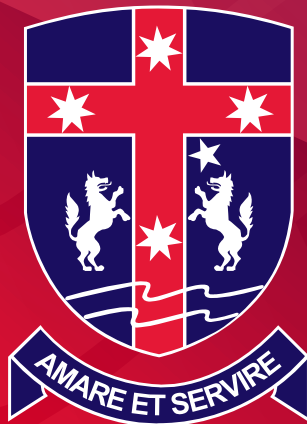
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# Saint Ignatius College Geelong

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